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We make kids smile!

February 2015

# Gator News

## Monthly Contest



ENTER to  
WIN!

Announcing the  
**February Patient  
Contest...**

**Guess These  
Celebrity Smiles!**

Match the mystery  
smile to its celebrity.

One lucky entry from  
each office will win a  
prize pack filled with  
**gifts** and **gags** that  
will make their smile...

**UNFORGETTABLE!**

## Awesome Advice

FROM DR. AL~

### The Skinny on Braces



Dr. Al Burns

One of the most common questions I get daily is "Do you think my child needs braces?" This is a tricky question. Braces, no matter how you look at it, are only a true necessity in the most severe of circumstances. People have had crooked teeth since the beginning of time. It has only been in the last 50 years that having straight teeth is an option to the general public. In that time, however, we have all come to have a viewpoint on the right of passage to have braces or not.

Truth is braces are a family decision. They require input by child and parent because both are responsible for them and both feel the impact of them day to day. The child should have a desire to have braces so that they take care of them. The parent generally has to worry about appointments, transportation, and the almighty cost. It takes a team to make braces a success and for that reason all parties should be on board.

So does your child need braces? Probably not - but could they benefit from them? Well, in our office we give your child a grade based on the ideal smile that all orthodontists strive to achieve. If your child has minor issues they may get an A- or B+. If they have larger issues they may receive a C- or D. With this information you can weigh the cost and sacrifice of getting braces against the benefits and outcomes. You can go a long way in life with A- grades. You can also make it in life with a C but we all know the value of grades differs family by family. Teeth are no different. They are a personal decision for the family. We can help you know where you sit, however, so make sure to ask us what grade we gave your child with their smile.



Grading Score Card				
Test	0	1	2	3
Molar Class	1	2	3	Crossbite
Canine Class	1	2	3	Missing
Overbite (mm)	0-2	3-5	6+	Crossbite
Overjet (mm)	0-2	3-5	6+	Crossbite
Crowding (tooth)	0	1/2	1	1+
Spacing (tooth)	0	1/2	1	1+
<b>Total Score</b>				
<b>Grades (Points) A: 0-2 B: 3-5 C: 6-8 D: 9+</b>				

## Gators in Action:

### BAD BREATH BOB TAKES 2<sup>ND</sup> GRADERS BY STORM!

February is National Children's Dental Health Month - sponsored by the American Dental Association (ADA). In conjunction with this event Dr. Al, Dr. Adeel, and the Alligator Dental crew team up with Bad Breath Bob to teach the importance of dental health to 2<sup>nd</sup> graders at area schools.

Alligator Dental doctors and staff present a fun, interactive lesson on the importance of brushing for 2 minutes - 2x's a day and how to properly care for their teeth and gums. The presentation really gets rocking when Bad Breath Bob comes in and does everything wrong. The kids LOVE teaching him all the things they learned about good dental health.



## Employee Spotlight

Meet  
Nicole  
Burns -



Hygiene Specialist at  
Alligator Dental in Seguin

### Position at Alligator Dental & what I really do:

Hygiene Specialist. I am responsible for seeing the kiddos that are 3 and older. I take x-rays, assist as they brush their teeth, and prepare them for the doctor.

### Favorite Thing about working at Alligator Dental:

The kids!

### Family Info:

I am from California. I am married and have a beautiful 3-month old baby girl.

### Favorite Place to Eat in Seguin:

Amy & Cathy's

### Favorite Store to shop at:

Gift and Gourmet

### Something Unique about me:

I come from a rodeo family and enjoy rodeo

## Recipe: 3-2-1 Cake!

-Compliments of Manuela from Alligator Dental in San Marcos

This recipe is fantastic when you want a single serving of cake! (Mix with a healthy dose of self-control)

### Ingredients:

1 box ANGEL FOOD cake mix

1 box cake mix - your choice

### Directions:

1. Mix both cake mixes in a large bowl. Store in airtight container until ready to use
2. When ready to make put **3** Tbsp. dry mix in large ceramic mug.
3. Add **2** Tbsp. water.
4. Microwave for **1** minute.

Tip: Top with fruit, whipped cream, or favorite topping

