

San Marcos Office:
1890 Medical Parkway
San Marcos, TX 78666
512-393-3500

Seguin Office:
901 S. Hwy 123 Bypass
Seguin, TX 78155
830-372-3725

www.alligatordental.com



We make kids smile!

March 2015

Gator News

Monthly Contest



ENTER to
WIN!

Announcing the
**March Patient
Contest...**



**FIND THE LUCKY
CHARMS!**

Andy's Friend Lucky the
Leprechaun has hidden
7 Good Luck Charms in
the Alligator Dental
waiting areas.

Find the charms and cast
your ballot for a chance
to be the **Lucky** winner!

Awesome Advice

FROM DR. ADEEL



Dr. Adeel Khan

Oral Piercings

Oral piercings have been increasingly popular among teens and young adults. However, the dental profession and the American Academy of Pediatric Dentistry (AAPD) strongly discourage the use of oral piercings because of complications that can occur.

An oral piercing or jewelry can cause one or more of the following:

- Pain, infection and swelling - infection can cause the tongue to swell and cause blockage of the airway.
- Damage to gums, teeth fillings - constantly playing with the oral piercing can damage gums, fracture teeth and fillings. Piercings can also lead to localized gum disease and recession.
- Allergic reaction to metals from the piercing.
- Speech impediment and problems with chewing & swallowing.
- Nerve damage - which can cause permanent or temporary numbness and altered taste.

If you have piercings:

- Keep area and jewelry clean.
- Avoid biting on jewelry.
- Remove piercing when participating in any physical activity.
- Notify a dentist if you experience pain, swelling, or other symptoms.

Ask Us! The dentists at Alligator Dental are happy to answer questions you or your child may have about oral piercings.

Reference:

ADA Oral Piercings: <http://www.mouthhealthy.org/en/az-topics/o/oral-piercings>



Gators in Action:

AAARGH! Learning about healthy teeth can be fun!



In February Alligator Dental brought its lively puppet show to Kindergarten & Preschool classes in Seguin and San Marcos.

Tartar Pete, Wanda Wondersmile and all their friends helped teach the children how to keep their tiny teeth shiny and clean.



Alligator Dental is a proud sponsor of the Seguin Education Foundation Denim & Diamonds & St. James Catholic School Casino Night annual fundraising events.

It is an honor to invest in the education of our patients and community!

Recipe: *homemade Spaghetti Sauce*

-Compliments of Destiny from Alligator



Ingredients:

3-4 28 oz. cans of crushed tomatoes, with desired spices added (or 12-15 fresh tomatoes, peeled & blended in food processor)

2 Tablespoons olive oil

1 Tablespoon sugar

4 cloves of garlic

1/3 cup grated Parmesan

3-5 Tablespoons dried basil

Cheese

1-2 teaspoon black pepper

Minced green peppers

Directions:

1. Heat olive oil in 5+ qt. pot over medium heat. Add garlic, sauté.
2. Add tomatoes, pepper, basil and sugar. Bring to low boil; stir often.
3. Reduce heat to low, simmer 2-3 hours stirring often.
4. For first ½ of simmer time keep uncovered; then cover.
5. Add cheese, stir and simmer for additional 5 minutes.

This delicious recipe makes the equivalent of 4-5 jars of sauce!

Meet
Kristin
Conrad –



Baby Specialist at
Alligator Dental in Seguin

Position at Alligator Dental & what I really do:

I am a Baby Specialist at Alligator Dental. I love working with babies all day long! I am able to educate parents on how to prevent cavities and care for their baby's teeth.

Favorite Thing about working at Alligator Dental:

The babies! They put a big smile on my face everyday.

Family Info:

I have a big blended family with two moms, two dads, three brothers and three sisters.

Favorite Place to Eat in Seguin:

Garcia's Mexican Restaurant – their salsa and queso is the best!

Favorite Store to shop at:

Bath & Body Works

Something Unique about me:

I am double jointed in all eight of my fingers – but not my thumbs!