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We make kids smile!

November 2015

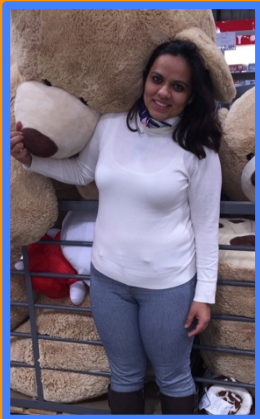
Monthly Contest



ENTER to
WIN!

Announcing the
November
Patient Contest

Help Andy discover
Dr. Sukhi's
Favorite Things!



Find cards with Dr. Sukhi's favorite things in the Alligator Dental waiting areas and enter to win a
\$25 Gift Card
to the local movie theater!

Awesome Advice

FROM DR. ADEEL~

Tooth Whitening



Dr. Adeel Khan

Is it right for my child?

In our image conscious world, our smile is a major part of our appearance. Parents often wonder if tooth whitening is needed for their child and when to start that process.

It is recommended to consider whitening when the child loses all of their baby teeth. This avoids any shade mismatches; also younger children are more at risk of misusing bleaching products. It is important to realize that adult teeth look grayish when compared to baby teeth.

Parents should carefully consider the risks and benefits of whitening before deciding if it is right for the child.

Some **clear indications** for whitening are:

- Discolorations due to trauma or infection
- Intrinsic stains resulting from enamel defects, tetracycline stains and excessive use of fluoride or fluorosis.
- Severe social anxiety or problems arising from discolored teeth

The **risks** to consider when talking about whitening:

- Tooth sensitivity
- Tissue irritation
- Damage to fillings

It is recommended to always get professional help when seeking whitening treatment, professionally made whitening trays are custom fit and help contain the bleaching material to the teeth. You get better patient compliance and rapid results.



Gators in Action:

Kids Day in the Park is all about celebrating childhood with fun, free activities just for kids!

Alligator Dental was on site with

our GIANT Andy Plinko game, face painting and lots of prizes to brighten the day of the thousands of kids in attendance.



Trick-or-Treat! Alligator Dental **treated** local school children in Kyle, San Marcos and Seguin to a fun Halloween Andy toothbrush with a catchy reminder to brush the Halloween sugar off their teeth.

Recipe: Deep Fried Cheese Ravioli with

Crawfish Cream Sauce

~Compliments of Destiny from Alligator Dental in Seguin

Ingredients:

1 lb. crawfish tails with fat
Frozen cheese ravioli
Italian breadcrumbs
Parmesan cheese
1 ½ cups heavy cream
1 onion, finely chopped
½ bell pepper, finely chopped
3 cloves garlic, minced
1 stick butter
Egg for egg wash



Directions:

1. Set deep fryer at 350 degrees. Mix 3 Tablespoons parmesan cheese in with breadcrumbs for coating. Dip ravioli in egg wash and coat in breadcrumb mixture. Deep fry until they float to the top and brown.

Sauce:

Melt butter and sauté onion, bell pepper and garlic. Add crawfish tails with fat and let cook until they begin to let off liquids. Add heavy cream and parmesan cheese to your liking and allow to cook until thickened.



Meet

Cassandra Tristan
Treatment Assistant at
Alligator Dental in Seguin!

Position at Alligator Dental and what you really do:

I assist with treatment as well as in the hygiene bay. I also polish the kids teeth.

Favorite thing about working at Alligator Dental:

Working with the Amazing Staff!

Family Info:

I have the most awesome son named Noah. He is 3 years old.

Favorite Place to Eat in Seguin:

Guiseppe's Italian Grill

Favorite Kids Movie:

Home – This is the first movie I took my son to see in theaters. That memory makes it special.

Something Unique about me:

I am a huge supporter of Breast Cancer Awareness. I shaved the bottom half of my head 2 years ago and shaped a cancer ribbon in the haircut.

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