

**TO HELP US SERVE YOU BETTER, PLEASE TAKE A MOMENT TO COMPLETE THIS INFORMATION**

Today's Date: \_\_\_\_\_

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_

Nick Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Street Address: \_\_\_\_\_ P.O. Box Number: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email address **(Please Print Legibly)**:  
\_\_\_\_\_

**YOUR EMAIL ADDRESS IS OUR PREFERRED MEANS OF CONTACTING YOU**

Preferred phone number for contact: HOME \_\_\_\_\_ CELL \_\_\_\_\_ WORK \_\_\_\_\_

Occupation: \_\_\_\_\_

- May we send you an email for appointment reminder information?  Yes  No  
...for medical or additional scheduling information?  Yes  No  
...for notifying you of our monthly specials?  Yes  No  
May we send you regular mail?  Yes  No

**Marital Status:**

- MARRIED  DIVORCED  SINGLE or NEVER MARRIED  WIDOW  LIVING WITH SIGNIFICANT OTHER

**Ethnicity:**  Hispanic  Asian  Not Hispanic or Asian

**Language:**  English  Spanish  Other \_\_\_\_\_

In case of an **emergency**, whom should we notify?

Contact Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Who may we release **medical or appointment information** to?

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

**Preferred Pharmacy:** \_\_\_\_\_

Location: \_\_\_\_\_ Phone number (if available): \_\_\_\_\_

**Preferred Lab:** \_\_\_\_\_ Location: \_\_\_\_\_

**Primary Physician:** \_\_\_\_\_ Phone: \_\_\_\_\_

**How did you hear about us?** (Please check all that apply):

- Internet  Magazine  Newspaper  Billboard  Mailer  Staff Member  Other: \_\_\_\_\_  
 Friend or Client \_\_\_\_\_  Physician: \_\_\_\_\_

**\*\*\*We are honored that you have chosen Allura Skin, Laser, and Wellness Center.  
Please state the reasons for your visit:**

\_\_\_\_\_  
\_\_\_\_\_

**Skin Care History:**

What types of **skin care products or product line(s)** are you currently using?

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Are you sensitive to skin care products?  NO  YES

If yes, is sensitivity due to:  Fragrances  Irritation  Rash  Dryness

In your opinion, what **type of skin** do you have?

Dry  Normal to Dry  Normal  Normal to Oily  Oily Problem/blemished

**How easy is it to tan your skin?**

Always burn  Burn at first, but can get a light tan  Rarely burn, always tan

Never burn, easily tan  Always tan

Have you been treated for **acne with**  **oral medications**  **creams or**  **Accutane?**

Are you currently taking Accutane?  Yes  No

If sexually active, what type of birth control are you using? \_\_\_\_\_

Is there a possible chance you could be pregnant? \_\_\_\_\_

Have you ever been tested for **HIV**  Yes  No

If yes, results were  Negative  Positive

Have you been diagnosed with **Hepatitis?**  Yes  No

If yes, please check which type:

Hepatitis A  Hepatitis B  Hepatitis C  Other

Are you currently undergoing treatment by a physician? Yes No

If yes, Physician name: \_\_\_\_\_

Have you ever had any of the following **procedures** (please check all that apply)?

Please include approximate year:

Body Contouring (Thermage, VaserShape, or Other): \_\_\_\_\_

Botox/Dysport/Xeomin: \_\_\_\_\_

Chemical Peel \_\_\_\_\_

Facials: \_\_\_\_\_

Fillers: \_\_\_\_\_

Fractional Lasers (Fraxel or CO2 or Sublative or Other): \_\_\_\_\_

Hair Removal (Electrolysis, Wax or Dermablading): \_\_\_\_\_

IPL (intense pulse light) or FotoFacial: \_\_\_\_\_

Laser Hair Removal: \_\_\_\_\_

Microderms: \_\_\_\_\_

Permanent Make-Up: \_\_\_\_\_

Skin Tightening of Face or Eyes (Thermage or Other): \_\_\_\_\_

Teeth Whitening: \_\_\_\_\_

Vein Treatment: \_\_\_\_\_

Have you had any **adverse reactions** to any of the treatments listed above?  NO  YES

If yes, please explain the reactions:

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**Medical History**

Please mark if you or a family member has or has ever had any of the following conditions:

You		Condition	Family	
Y	N	Diabetes	Y	N
Y	N	Hypertension	Y	N
Y	N	Heart Disease	Y	N
Y	N	High Cholesterol	Y	N
Y	N	Stroke	Y	N
Y	N	Heart Murmur	Y	N
Y	N	Rheumatic Fever	Y	N
Y	N	A Fib	Y	N
Y	N	Phlebitis	Y	N
Y	N	Blood Clots	Y	N
Y	N	Polycythemia/hemochromatosis	Y	N
Y	N	Bleeding Disorder	Y	N
Y	N	Varicose Veins	Y	N
Y	N	Liver Disease	Y	N
Y	N	Hepatitis A B C	Y	N
Y	N	Hypothyroid	Y	N
Y	N	Hyperthyroid/Graves	Y	N
Y	N	Thyroid Cancer	Y	N
Y	N	Other thyroid problems	Y	N
Y	N	Kidney Disease	Y	N
Y	N	Psychiatric Disorder	Y	N
Y	N	Depression	Y	N
Y	N	Asthma/Emphysema/COPD	Y	N
Y	N	Chronic Bronchitis	Y	N
Y	N	Leukemia	Y	N
Y	N	Lymphoma	Y	N
Y	N	Colon Cancer	Y	N
Y	N	Crohn's	Y	N
Y	N	Gluten Intolerance/Celiac Disease	Y	N
Y	N	Lactose Intolerance	Y	N
Y	N	Colon Polyps	Y	N
Y	N	Multiple Myeloma	Y	N
Y	N	Lung Cancer	Y	N
Y	N	Rectal Cancer	Y	N
Y	N	Breast Cancer	Y	N
Y	N	Prostate Cancer	Y	N
Y	N	Ovarian Cancer	Y	N
Y	N	Lupus	Y	N
Y	N	Multiple Sclerosis	Y	N
Y	N	Degenerative Disc Disease	Y	N
Y	N	Scleroderma	Y	N
Y	N	Rheumatoid arthritis	Y	N
Y	N	Osteopenia/Osteoporosis	Y	N
Y	N	Arthritis	Y	N
Y	N	Chronic Pain	Y	N
Y	N	Dementia	Y	N
Y	N	Parkinson's		

Weight \_\_\_\_\_ Height \_\_\_\_\_

Drug Allergies and Reactions:

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Previous Surgeries or Procedures:

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Hospitalizations or Treatments:

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Current Medications:

Name and dose

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Vitamins/supplements/herbs:

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Do you take Aspirin or other anti-inflammatories on a daily basis? Y \_\_\_ N \_\_\_

**Social History**

Do you smoke? Y \_\_\_ N \_\_\_

If yes, number/day \_\_\_ How many years? \_\_\_

Recreational Drugs? Y \_\_\_ N \_\_\_

Do you drink Alcohol? Y \_\_\_ N \_\_\_

If yes, # per week? \_\_\_

How many days a week do you exercise? \_\_\_\_\_

**Authorizations:**

I consent to the taking of photographs for the purpose of documentation and future comparison.

Initial \_\_\_\_\_

I authorize the release of information to/from my primary care physician or specialist if deemed necessary for the treatment.

Initial \_\_\_\_\_

I understand that **my insurance company will not cover any of the procedures performed.**

Initial \_\_\_\_\_

Payments for all procedures or services are to be paid at the conclusion of each visit.

Initial \_\_\_\_\_

I understand that procedure packages are non-transferable.

Initial \_\_\_\_\_

**I authorize that the above information is up to date and correct to the best of my knowledge.**

Initial \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Provider Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Please initial then sign below:**

**I authorize that the above information is up to date and correct to the best of my knowledge.**

Initial \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Provider Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

***Thank you for completing the Health History Form!***