



## A&M Resources Abstinence Education Curricula

A&M Resources is a leading provider of evidence-based abstinence education programs. A&M offers four sequential programs designed to help students understand the clear benefits of resisting pressure toward non-marital sexual activity. A&M programs have reached over 1,500,000 teens across all 50 states.

### All Student Workbooks (Quantity Discounts Per Title)

1+	\$8.00
500+	\$7.00
1,000+	\$6.00
2,000+	\$5.00

### Teacher's Guides (Quantity Discounts Per Title)

1+	\$45.00
10+	\$42.00
25+	\$40.00



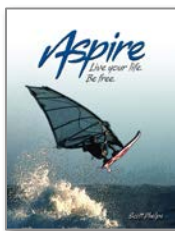
(Grades 6-9)

**Game Plan** developed in conjunction with NBA star A.C. Green, uses a sports analogy to help students understand the importance of strategically setting goals, including choosing to save sex for marriage. Students are encouraged to make a *Game Plan* for their lives and to stay focused. The **Game Plan Teacher's Guide** includes classroom activities and Resource CD with PowerPoint (8 Chapters, 80 pp.).



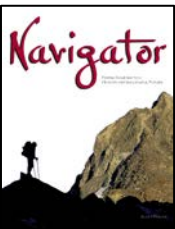
(Grades 7-10)

**Quest** uses powerful stories to help students along life's journey. Practical instruction helps students identify their future goals, such as marriage and family, and avoid obstacles such as sexual activity and other risk behaviors that could keep them from achieving their goals. The **Quest Teacher's Guide** includes classroom activities and Resource CD with PowerPoint. (8 Chapters, 84 pp.).



(Grades 8-12)

**Aspire** encourages students to seek their future goals, including education and financial success, as well as healthy future marriage and family life. Classroom activities help students understand practical ways to resist pressure and plan for their future. *Aspire* offers youth a positive path forward. The **Aspire Teacher's Guide** includes classroom activities and Resource CD with PowerPoint (8 Chapters 88 pp.).



(Grades 9-12)

**Navigator** helps students identify and avoid risk behaviors such as sexual activity, pornography, alcohol, tobacco, and other drugs. Students are encouraged to navigate their way to a healthy, successful future. *Navigator* helps students understand the objective benefits of abstinence and how to prepare well for their future. The **Navigator Teacher's Guide** includes classroom activities (8 Chapters 86 pp.).

### Abstinence & Marriage Education Resources