

**1. Life is a Journey** Identifying your future goals.

- 2. Mapping Your Course Learning to choose well.
- **3. Breaking Free** Letting go of the media.
- 4. Finding Your Way Protecting the whole person.
- 5. Staying On Track Why waiting matters.
- 6. Future Focus Preparing for marriage and family.
- 7. Road Blocks Identifying the best protection.
- 8. Journey's End: Finding True Love Building a strong foundation.





Teacher's Guide

Student Workbook

## An Abstinence & Marriage Education Program for Middle School Students in Public and Private Schools

## **By Scott Phelps**

**Quest** is a positive presentation of the benefits of abstinence until marriage written for grades 7-8. Real life stories help teens see how their current choices will affect their future marriage & family. The 8 chapter program may be implemented in 8 or 16 class sessions. The **Quest Teacher's Guide** includes classroom activities, PDF printable worksheets, parents' notes, and PowerPoint presentation.

"Thought provoking questions cause students to consider how their own choices will affect their futures."

**Aimee Dobbins** 

Founder and Executive Director of BreakDown International "Scott Phelps has created yet another powerful curriculum to help young people in their **Quest** for healthy relationships."

**Rick & Barb Wise** National Speakers WiseChoices "Quest includes discussions and activities to effectively reach students from many different angles. I highly recommend it."

**Gina Harris** Executive Director Friends First Retail & Wholesale Quantity Pricing Available www.AbstinenceandMarriage.com 877-517-9264 (Toll-Free)

