

## What to Bring to School

### Infants:

- Diapers, wipes, diaper cream
- Sunscreen marked with child's name. Please apply sunscreen before coming to school.
- Two full changes of clothing and extra bibs in a zip-lock bag labeled with your child's name
- Pacifiers if used at home
- A pajama sleeper or sleep sack for rest time, along with a NON-plastic bag to store these items in. For your child's safety, we do not use blankets in cribs. Strong Start will provide each child with crib sheets.
- One labeled bottle or cup for every feeding including formula/breast milk.
- Formula may be premade and refrigerated or bottles can be made for each feeding. Breast milk must be stored in labeled and dated containers/bottles. Please include either extra breast milk or a formula back-up for emergencies.
- Baby food/cereal including snacks when appropriate.
- A bowl and spoon for each solid food feeding.

### Toddlers / Twos:

- Diapers/pull-ups, wipes, and diaper cream
- Sunscreen marked with your child's name. Please apply sunscreen before coming to school.
- An extra change of clothing in a zip- lock bag, clearly labeled with your child's name. Please be sure that the clothing is weather appropriate. If your child is toilet training you may need to provide additional changes of clothes.
- Sheet for cot (dimensions for cot are 21 1/4" x 43 1/2" x 5") and a blanket for rest time along with a NON-plastic bag to store these items in. Pillows are optional.
- A special comfort item for naptime if this will help to soothe your child.
- Lunch should be in a lunch box, labeled with the child's name. Please include utensils. Foods that are to be served warm need to be placed hot in a thermos because we are not able to heat lunches. If an ice pack is needed please include one, as there is no refrigeration for lunches available. Please provide a sugar-free drink with your child's lunch.
- To avoid choking, foods such as carrots and green beans should be cooked and cut up, and grapes halved. Please avoid any other foods that may pose a choking hazard to toddlers such as popcorn, pretzels, and marshmallows.

### Pre-K:

- An extra change of clothing in a zip-lock bag clearly labeled with your child's name. Please be sure that the clothing is weather appropriate.
- Sunscreen marked with child's name. Please apply sunscreen once before coming to school.
- Sheet for cot (dimensions for cot are 21 1/4" X 52 1/2" X 5") and a blanket for rest time along with a NON-plastic bag to store these items in. Pillows are optional.
- A special comfort item for naptime if this will help to soothe your child at rest time.
- Lunch should be in a lunch box, labeled with the child's name. Please include utensils. Foods that are to be served warm need to be placed hot in a thermos because we are not able to heat lunches. If an ice pack is needed please include one, as there is no refrigeration for lunches available. Please provide a sugar-free drink with your child's lunch.