

From left back: Dr. Pratik Patel; Dr. Anthony Passannante, Jr.; Dr. Dinesh Singal; Dr. Chirag Shah. From left front: Dr. Kataneh Maleki; Dr. Naimish Baxi; Meenal Patel, PA-C



Dr. Kataneh Maleki, MD; Anthony J. Passannante, Jr., MD, FACC; Pratik B. Patel, MD, FACC; Chirag H. Shah, DO, FACC; Dinesh K. Singal, MD, FACC

CARDIO METABOLIC INSTITUTE

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It takes innovative thinking to make dramatic change, and that's exactly what Drs. Kataneh Maleki, Anthony Passannante, Pratik Patel, Chirag Shah and Dinesh Singal are doing at the Cardio Metabolic Institute. Leading the way in a new type of care, these physicians are managing the full spectrum of cardiac and metabolic disorders with a heavy emphasis on prevention, wellness and treatment. The results speak for themselves. "We have some phenomenal success stories," says Dr. Singal.

The group offers traditional cardiac care—noninvasive, invasive, interventional, electrophysiology, and management of varicose veins and peripheral arterial disease—as well as the latest clinical trials. But the overall goal is to control and manage the underlying risk factors, such as obesity, blood pressure and diabetes, which lead to cardiovascular disease. The Somerset location has a spacious open floor plan, state-of-the-art gym and a devoted office staff to help patients feel comfortable and supported. Patients also have access to on-staff physiologists and nutritionists.

These board-certified cardiologists have additional certifications and specialty training in interventional cardiology, nuclear cardiology, echocardiography and electrophysiology. They serve on hospital boards and committees, and also influence research and education. Dr. Singal says, "We're setting new standards in preventing the progression of cardiovascular disease and it's very exciting."

HOSPITAL AFFILIATIONS: Saint Peter's University Hospital, New Brunswick; Robert Wood Johnson University Hospital, New Brunswick; University Medical Center of Princeton at Plainsboro.