

# August 2017

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## Fred Astaire Reston/Herndon GROUP CLASS CALENDAR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 7.30pm Newcomer Class  <b><u>7.30pm Beginner BRONZE SMOOTH Class</u></b> WALTZ	2 <b>9.15 AM DANCE YOGA</b> <b><u>COACHING WITH STEPHEN KNIGHT</u></b>  <b><u>1pm Advanced Rhythm Class</u></b>  7.30 Social Foundation Class – CHA CHA	3 <b><u>COACHING WITH STEPHEN KNIGHT</u></b>  <b><u>6.45pm Intermediate Rhythm Technique Class</u></b>	4 <b>9.15 AM DANCE YOGA</b> 7.15pm Social Bronze Class SWING  <b>8pm Party</b>	5 12noon Newcomer Class
6	7 <b>9.15AM DANCE YOGA</b>  <b><u>1pm Advanced Smooth Class</u></b>  7.30 Social Foundation Class – CHA CHA	8 7.30pm Newcomer Class <b><u>7.30pm Beginner BRONZE RHYTHM Class</u></b> CHA CHA	9 <b>9.15AM DANCE YOGA</b> <b><u>1pm Advanced Rhythm Class</u></b>  7.30 Social Foundation Class - TANGO	10 <b><u>6.45pm Intermediate Smooth Technique Class</u></b>	11 <b>9.15AM DANCE YOGA</b> 7.15pm Social Bronze Class MAMBO  <b>8pm Party</b>	12 12noon Newcomer Class
13	14 <b>9.15AM DANCE YOGA</b> <b><u>1pm Advanced Smooth Class</u></b>  7.30 Social Foundation Class - SALSA	15 7.30pm Newcomer Class <b><u>7.30pm Beginner BRONZE SMOOTH Class</u></b> FOXTROT	16 <b>9.15AM DANCE YOGA</b> <b><u>1pm Advanced Rhythm Class</u></b>  7.30 Social Foundation Class - FOXTROT	17 <b><u>6.45pm Intermediate Rhythm Technique Class</u></b>	18 <b>9.15AM DANCE YOGA</b> 7.15pm Social Bronze Class CHA CHA  <b>8pm Party</b>	19 12noon Newcomer Class
20	21 <b>9.15AM DANCE YOGA</b> <b><u>1pm Advanced Smooth Class</u></b>  7.30 Social Foundation Class - RUMBA	22 7.30pm Newcomer Class <b><u>7.30pm Beginner BRONZE RHYTHM Class</u></b> SWING	23 <b>9.15AM DANCE YOGA</b> <b><u>1pm Advanced Rhythm Class</u></b>  7.30 Social Foundation Class - SWING	24 <b><u>6.45pm Intermediate Smooth Technique Class</u></b>	25 <b>9.15AM DANCE YOGA</b> 7.15pm Social Bronze Class RUMBA  <b>8pm Party</b>	26 12noon Newcomer Class
27	28 <b>9.15AM DANCE YOGA</b> <b><u>1pm Advanced Smooth Class</u></b>  7.30 Social Foundation Class - HUSTLE	29 7.30pm Newcomer Class <b><u>7.30pm Beginner BRONZE SMOOTH Class</u></b> TANGO	30 <b>9.15AM DANCE YOGA</b>  <b><u>1pm Advanced Rhythm Class</u></b>  7.30 Social Foundation Class - RUMBA	31 <b><u>6.45pm Intermediate Rhythm Technique Class</u></b>		