



**Personal and Family Health History**

Name: \_\_\_\_\_ Date: \_\_\_\_\_
Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: M F
Address: \_\_\_\_\_ City: \_\_\_\_\_
Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_ Alberta Health #: \_\_\_\_\_
Phone: Home: \_\_\_\_\_ Cell: \_\_\_\_\_
Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_
Email: \_\_\_\_\_ Marital Status: S M D W
Referred by: \_\_\_\_\_ Spouse Name: \_\_\_\_\_

**Consent for Email Communication:**

Email communication will be used in reference to your personalized treatment plan in the form of exercise prescriptions, newsletters, updates regarding clinic events/closures, and other wellness information that the doctor believes will be beneficial to your care. Your contact information will not be extended to other parties outside of the Divine Spine Chiropractic professionals and will not be used for the distribution of any materials not considered to be part of your treatment plan.

Initials: \_\_\_\_\_

Have you received previous chiropractic care? Y N

Do you have any children? Y N

Names: \_\_\_\_\_

Ages: \_\_\_\_\_

Have they received chiropractic care? Y N

**Current Health Condition:**

Present Complaint or Pain? If no current pain, what is the reason for your visit today?

Major \_\_\_\_\_

Pain or Problem started on \_\_\_\_\_

Pains are:  Sharp  Dull  Constant  Intermittent

What activities aggravate your condition/pain? \_\_\_\_\_

What activities lessen your condition/pain? \_\_\_\_\_

Is condition worse during certain times of the day? \_\_\_\_\_

Is this condition interfering with work? \_\_\_\_\_ Sleep? \_\_\_\_\_ Routine? \_\_\_\_\_ Other? \_\_\_\_\_

Is this condition getting progressively worse? \_\_\_\_\_

Other Doctors seen for this condition: \_\_\_\_\_

Any home remedies? \_\_\_\_\_

Is this a work related injury? Y N Motor Vehicle injury? Y N Date of occurrence: \_\_\_\_\_

**Other symptoms:**

- |  |   |   |                                     |
|--|---|---|-------------------------------------|
| <input type="checkbox"/> Headaches         | <input type="checkbox"/> Face Flushed           | <input type="checkbox"/> Light Bothers Eyes | <input type="checkbox"/> Feet Cold  |
| <input type="checkbox"/> Neck Pain         | <input type="checkbox"/> Neck Stiff             | <input type="checkbox"/> Loss of Memory     | <input type="checkbox"/> Hands Cold |
| <input type="checkbox"/> Sleeping Problems | <input type="checkbox"/> Pins & Needles in Legs | <input type="checkbox"/> Ears Ring          | <input type="checkbox"/> Diarrhea   |
| <input type="checkbox"/> Back Pain         | <input type="checkbox"/> Pins & Needles in Arms | <input type="checkbox"/> Fever              | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Nervousness       | <input type="checkbox"/> Numbness in Fingers    | <input type="checkbox"/> Fainting           | <input type="checkbox"/> Fatigue    |
| <input type="checkbox"/> Tension           | <input type="checkbox"/> Numbness in Toes       | <input type="checkbox"/> Cold Sweats        | <input type="checkbox"/> Dizziness  |
| <input type="checkbox"/> Irritability      | <input type="checkbox"/> Shortness of Breath    | <input type="checkbox"/> Loss of Smell      |                                     |
| <input type="checkbox"/> Chest Pains       | <input type="checkbox"/> Loss of Balance        | <input type="checkbox"/> Loss of Taste      |                                     |
| <input type="checkbox"/> Buzzing in Ear    | <input type="checkbox"/> Constipation           | <input type="checkbox"/> Stomach Upset      |                                     |

If female, are you pregnant?    Y        N

Have you been under drug/medical care? \_\_\_\_\_ How long? \_\_\_\_\_

What medications are you taking? \_\_\_\_\_

Have you had surgery? Y        N    What? \_\_\_\_\_    When? \_\_\_\_\_

What side effects have you experienced from the drugs/surgery? \_\_\_\_\_

**Family History:**

	Heart Disease	Arthritis	Cancer	Diabetes	Other _____
Father's Side	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mother's Side	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

What age did your oldest grandparents on record live to? \_\_\_\_\_ Still Living?    Y        N

As a result of your chiropractic care would you like to (*check all that apply*)

- Get better quickly     Live a healthier lifestyle     Have a healthier spine and nervous system

Signature: \_\_\_\_\_    Date: \_\_\_\_\_