



## “Fueling the Passion”

Wildcats Hockey “fuels passion” for young people by using the great sport of ice hockey to provide an environment in which kids find something they love and deeply enjoy. When kids fall in love with the game of hockey, the passion for the sport burns inside them and they take on a commitment to mastery of their craft, which sets the stage for them to be receptive to the transferable life lessons of discipline, hard work, teamwork, and perseverance that are essential to develop in order to experience success in hockey, and more importantly in life.

A unique club recognized by USA Hockey as one of only 17 Model Associations nationwide for our commitment to providing long term athletic programming through the American Development Model (ADM). Partnered with the Positive Coaching Alliance (PCA) our goal is to develop young athletes to their full potential not only as hockey players, but also as people.

### WILDCATS GIRLS 19 & UNDER PROGRAM

Age Group Manager : Pepper Pierman  
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Phone # - 1 888 429 8069 ext. #711

**Age Group :** 2001, 2000, 1999, 1998, 1997, 1996

**Purpose** At the 19 & Under level, coaches should focus on the following age-appropriate concepts and skills so that players have a good experience and continue developing as hockey players and teenagers.

**Focus Points :** Fun and Engagement, Practice Activity and Structure, Age-Appropriate Training, Body Contact/Body Positioning,, Skill Development, Team Play, Training, Learning to Compete, Advancement past youth hockey

**Teams :** 19 & Under AA

**Home Rink :** Carlsbad (all practices)

**Program :** 24 weeks ( 72 on ice and 48 off ice practices )  
Practices 3 On Ice & 2 Off Ice per week  
Start date : week of August 24th  
End date : week of March 1st

**Black out dates:** ( no practices) \* subject to change

- September 4th - September 7th
- November 23rd - November 28th
- December 22nd - November 26th
- December 29th - January 3rd

- February 9th - February 16th

**Roster :** 12 - 18 skaters, 1-2 goalies, equal playing time

**Practice Focus :** Practices should focus on (percentage of time listed after each)

1. Individual Skills (hockey skills and activities) — 50%
2. Hockey Sense (teaching of concepts through small area games) — 35%
3. Systems (team play training) — 15%

**League Games :**

- CAHA Girls AA Schedule
- Local SCAHA Midget A schedule
- Local exhibition games where needed

**Tournaments : SELECT GIRLS CAHA SHOWCASES**

- Labor Day August 29th - September 1st Local
- Thanksgiving South Girls CAHA November 26th - November 30th Lakewood
- MLK Weekend North Girls CAHA-San Jose
- President's Day Open February 11th - February 16th Local

**Travel :** all local in California, potential out of state depending on showcase locations

**Uniforms :**

1. Game Jerseys/ Socks  
All jerseys and merchandise are ordered on Uniform day which includes reservation of jersey number.  
Practice Jerseys and Red Helmet, gloves matching color scheme and black pants are required at this level.  
\* Practice Jersey numbers are predetermined.

**Tryout Process :**

- Pre register for tryouts at [www.wildcatshockey.com](http://www.wildcatshockey.com)
- Attend both days for proper team building and player placement
- Check in at front table, receive helmet sticker, place on child's helmet
- A list will be placed on Rink Glass with corresponding helmet sticker to signify what team your child has been placed on
- Proceed to the Signing Room to complete "Letter of Intent" ( LOI ) and financial agreement

**Signing Process :**

- On entrance to the signing room Wildcat staff will assist the parent in signing of the Letter of Intent and financial contract
1. Letter of Intent " LOI" - On completion of the LOI the parent has reserved the player's spot on the team and is committed to the team for the season.
  2. Financial Contract - Wildcat staff will review all financial commitments for the season which entails two parts. ( Club dues, Team fees, Team Uniforms )