

PATIENT INSTRUCTION SHEET FOR SUBLINGUAL IMMUNOTHERAPY



General Information:

Sublingual immunotherapy is taken once a day. If you have two vials one is taken in the morning and the other at night.

Reactions:

If at any time you experience swelling, hives, severe itching or a rash please let our office know prior to administering drops.

*Do not take drops if you have oral ulcerations/irritation, have had recent oral surgery, or have hives, a rash or flu-like symptoms.

How to Administer:

After removing cap, place tip of dropper under tongue behind front bottom teeth and squeeze dropper appropriate number of times to deliver 1, 2, or 3 drops (depending on your dose). Hold under tongue for at least 30 seconds then swallow. Replace cap until next use, do not store in direct sunlight, keep refrigerated if at all possible.

****Have your epi-pen/Twinject with you at least 1 hour after using drops.
*Your dropper bottle delivers a specific amount of antigen with each use.***

Starter Pack

<i>Bottle # 1</i>	<i>Bottle # 2</i>	<i>Bottle # 3</i>	<i>Bottle # 4</i>
1 drop for 7 days	1 drop for 7 days	1 drop for 7 days	1 drop for 7 days
2 drops for 7 days>>	2 drops for 7 days>>	2 drops for 7 days>>	2 drops for 7 days
3 drops for 7 days	3 drops for 7 days	3 drops for 7 days	3 drops for 7 days, thereafter (Maintenance Dose)

Maintenance Dose Bottles

Continue 3 drops once a day until bottle is empty or expires unless otherwise directed.

*If you are allergic to multiple antigens you may be required to use 2 bottles each day. One would be used in the AM & the other in the PM.

