



46 PURCHASE STREET
RYE, NY 10580
Pureganic-Cafe.com
(914) 967-2332

CLEANSSES

Cleansing is a great way to jump start your body's natural detoxification process, reset your body's metabolism, help your digestive system and increase mental clarity.

5 DAY CLEANSE	\$250.00
7 DAY CLEANSE	\$350.00
21 DAY CLEANSE	\$950.00

(Cleanses can be delivered to your home daily for an additional charge)

Cleanses can be customized to meet your specific objectives. Please ask for an appointment with one of our nutritionists.

WEIGHT LOSS CLEANSE

Each day you will get a combination of drinks, salad and soup to help clear your system and allow you to shed weight while feeling healthy, alert and vibrant.

Lemon water, 2x green juice, nettle tea, soup, salad, D-flame Shot, Nut Mylk

JUST JUICE

Each day you will get a combination of drinks and juices to give your digestive system a break, help purify your system and rebalance your CHI.

Lemon Water, 2 Green Juices, Electrolyte Lemonade, Red Juice, Enzymatic Aloe Tonic, Nut Mylk,

RENEW & REJUVINATE CLEANSE

Each day you will get a combination of drinks, soup and salad to boost energy and clarify your body and mind.

Lemon Water, Green Juice, Electrolyte Lemonade, Soup, Salad, Nut Mylk

LIVER DETOX CLEANSE

Each day you will get a combination of drinks, tonics, shakes and glutathione to help accelerate the detoxification process and help support your liver.

Zinger Water, Iron Maiden, Purifier, Turmeric Lemonade, Kale Salad, Glutathione, Nut Mylk

GLOWING SKIN CLEANSE

Each day you will get a combination of drinks, tonics, shakes and antioxidants. Combined, they will clean your system, hydrate/enhance your skin, and give you a luminous and radiant glow.

Enzymatic Aloe Tonic, Green Juice, Detox Shake, Electrolyte Lemonade, Soup, Veggies, Nut Myk