

OUR THERAPISTS

Visit www.RaintreeAthleticClub.com to view individual biographies about our therapists.

MASSAGE HOURS

Monday - Friday | 7:00am - 9:00pm
Saturday & Sunday | 8:00am - 9:00pm

COMPLIMENTARY CHILDCARE

One less thing to worry about. Drop your children in our childcare facility as you enjoy your massage at no extra cost. See our Childcare hours on the reverse side of this brochure.

ONLINE BOOKING

Book your massage from our website: Go to the "BOOK IT NOW" tab located in the left menu bar and follow the instructions listed to schedule.

CANCELLATION POLICY

We ask that all appointments be canceled at least 24 hours prior to the scheduled appointment time. If you miss or cancel an appointment (with the exception of extenuating circumstances) without 24 hour notice, you may be charged the full cost of the missed session.

MASSAGE REFERRAL PROGRAM

Get rewarded for referring friends to our massage therapists. Ask your therapist about our referral program.



RAINTREE ATHLETIC CLUB

2555 South Shields
Fort Collins, CO 80526
970.490.1300

CLUB HOURS

Monday - Friday 5:00am - 12:00am
Saturday - Sunday 6:00am - 10:00pm

CHILDCARE HOURS

Monday - Thursday 8:00am - 8:00pm
Friday 8:00am - 7:00pm
Saturday - Sunday 8:00am - 2:00pm



www.RaintreeAthleticClub.com



Radiant  Balance
M A S S A G E



WHAT CAN MASSAGE DO FOR YOU?

- Improves circulation and immune system function
- Lowers blood pressure and reduces stress
- Can help in achieving deeper levels of sleep associated with pain relief and mental restoration
- Relieves tension and pain by lowering cortisol levels and allowing for increased production of serotonin, the body's natural pain-reliever
- Helps soften tight scar tissue
- Can increase range of motion in stiff joints and improve mobility
- Helps decrease the intensity of muscle soreness after a tough workout

HOW CAN RECEIVING A REGULAR MASSAGE (1 - 3X A MONTH) HELP?

- Can help ease issues like anxiety, hyperactivity and depression
- Helps lower blood pressure and increase immune system function long-term
- Encourages deeper breathing and increased oxygen intake
- Promotes mental clarity, overall relaxation and peace of mind
- Helps develop the mind-body connection



MASSAGE PRICING

Integrative Massage

Our therapists work with each client to create a tailored massage, giving the most beneficial experience for each individual.

30 MINUTE

\$35/member \$45/non-member

60 MINUTE

\$60/member \$69/non-member

90 MINUTE

\$90/member \$99/non-member

Hot Stone Massage

A deeply relaxing massage treatment that soothes frazzled nerves, relieves aching joints and tight muscles. The warm, wet, penetrating heat of the stones seeps into every layer of the body as one of our skilled therapists works the soreness and tension away.

60 MINUTE

\$80/member \$90/non-member

90 MINUTE

\$110/member \$120/non-member

MASSAGE MEMBERSHIPS

Available with 3 month agreement. Charges are auto-withdrawn from a debit/credit card or checking account. See Business Office for info.

Rejuvenate

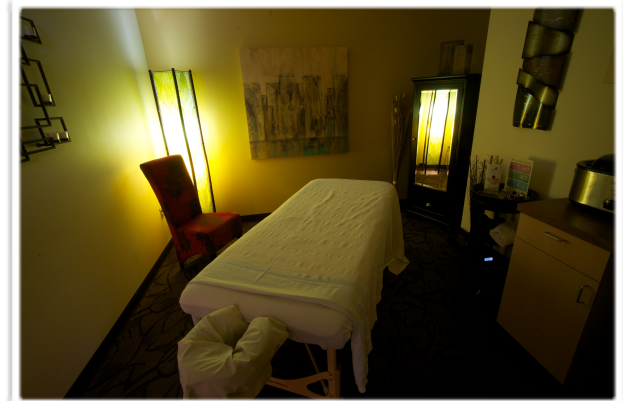
1 massage/month.....\$49/month

Restore

2 massages/month.....\$98/month

Recover

3 massages/month.....\$147/month



MASSAGE PACKAGES

30 MINUTE

3 Pack.....\$90/member \$120/non-member

6 Pack.....\$165/member \$210/non-member

60 MINUTE

3 Pack.....\$165/member \$195/non-member

6 Pack.....\$300/member \$360/non-member

90 MINUTE

3 Pack.....\$255/member \$285/non-member

6 Pack.....\$480/member \$540/non-member