



*E-Newsletter of Skin Rejuvenation Clinic | Edina, MN  
September 2016 edition*

---

Check out our **September Features and Promotions** just below our feature article!

### **Patient Profile: A Skin Story with Chelsea Lankford of Truelane**

Chelsea came to us with some of the concerns that many women her age have; discoloration, scarring, trauma to the skin from past acne struggles and a lot of the sensitivities that marry in with those obstacles. We were more than happy to give her a glimpse of what the consultative process is like here at SRC so she could share her experience with you. Read her story about working with our lead aesthetician Kate and skincare manager Emily, and be sure to visit her lovely site [Truelane](http://Truelane) to see more of her fun travels and classic style features.



### **Staff Must Have: iS Clinical Active Serum**

*Emily Oster, Retail Manager*

*"I have had years of experience in trying out and researching the best options in medical grade skincare. That means, you name it, I've tried it.*

*We recently attended one of our favorite skincare seminars with iS Clinical, and I was reminded of the passion and science behind all of their products. I switched my full routine to only three products from iS clinical, including the **Active Serum**.*

*The difference in my skin within one single week is indescribable. Hormonal breakouts have been banished, extra oil is at bay, and my skin is glowing. I have gone foundation free, with just a dab of well placed concealer, and couldn't be happier.*



A Skin Story; Everyone has one... Mine is the one that goes, "I had great skin all through puberty and high school, and then when I was twenty-one, all the problems came on at once." I had the kind of spots and problems that kept me from doing things I wanted to do, and made me feel ugly no matter what I was wearing or how I did my make-up.

A lot of those stories end with, "But then I found 'x product,' and I went back to beautiful skin!" Not for me. Improving my skin and finding solutions to old or new problems is a constant and continuing process for me, and I didn't know that was normal until I visited Skin Rejuvenation Clinic, just twenty minutes from my downtown apartment in Minneapolis.

After I got my active breakouts under control with prescriptions from my general physician, I knew I wanted to do something about the scarring and discoloration my years of issues had left behind. I didn't really know what my options were, so once I started Googling treatments and products and procedures, I reached out to several skin clinics around the Twin Cities about working together to find a solution for my face. Treatments like chemical peels or microdermabrasion can be expensive, and since I had just quit my job to try and blog full-time, any discount I could find would help.

Skin Rejuvenation Clinic was the first place to send me an email back, and it happened to be sent from an industry friend of mine in the Twin Cities. Emily told me that they had already been planning to reach out to me in hopes of working together, so the timing and circumstances couldn't have been better. I popped in for an

*This product truly was an overnight success for me once I took the time to revisit it - it's phenomenal!*



*Dr. Charlene Dehaven educates on the amazing results produced with iS Clinical Products at this year's seminar*

#### More on this product:

One of iS Clinical's most popular product, this fast-acting, long-term, "results-oriented" formula decreases the appearance of fine lines and wrinkles, evens skin tone, and is excellent for acne-prone skin. Touted by physicians as "remarkable" and "phenomenal," ACTIVE SERUM™ usually produces results within a couple of days. Potent activity will be noted upon application as evidenced by a cool tingling sensation. Excellent for all skin types and for all ages, this powerful botanical serum leaves the skin moist and smooth.

**Price: \$130**

### **Patient Review of the Month!**

#### *Reviewing ProLipo Laser Assisted Liposuction*

*"I was very impressed with my experience at Skin Rejuvenation*

appointment and came away with some products to try and a SkinPen appointment-more on that later.

**"Besides assuring me that the skin problems I was having were totally normal and common, Emily convinced me of one important thing: I mattered to the clinic. My feelings mattered."**

They truly wanted to help me, and were as honest and plainspoken as they could be-improving my skin might not be an easy road, and I might not see results as quickly as I wanted. I'm used to people on the Internet telling me this when I read reviews about products I want to try, but I'm not used to hearing it from skincare professionals. Honesty is refreshing from a business that's hoping to keep you as a customer.

After my first round of test products, I stuck with IS CLINICAL's Pro-Heal serum, which I still use every day, and my new favorite daily moisturizer from Revision Skincare. I had started with a dark-spot lightening product and an AHA from Obagi, but after a few months, I still wasn't satisfied with the texture of my face. Emily switched me to IS CLINICAL's White Lightening complex and a .5% retinol. I'm still using these products daily, and I've found that retinol and the White Lightening are my dream combination. They work so quickly at fading the scars and dark spots on my skin. Progress!



*Clinic. I went in for laser lipo (not a form of weight loss!), had a consult, and was interested in moving forward with the process. All the information for the procedure and pricing was explained thoroughly. Dr. Mark (or an assistant) were always prompt to return phone calls with any questions or concerns. They gave a 24/hr emergency line to call after your surgery so I felt like I was in good hands. As for the procedure, I had 6 places treated (chin, upper arms, upper bra line, lower bra line, and armpit area) ... Overall, I'm very impressed with the results!"*

- Ashley S.

We love hearing from our patients!

[Explore more reviews here!](#)



Our physician expert on all things body, Dr. Mark Hagberg is your resource for our premiere body contouring services including ProLipo and Cellusmooth. To book an appointment with him or a free consultation call us at (952) 952-6545!

**Some Recent ProLipo Transformations:**

After my skin got used to the new products, I went in for my SkinPen treatment. Based on my personal research, and Emily and the Skin Rejuvenation Clinic's recommendations for my needs, it sounded like the most effective avenue. I was quite nervous about getting it, because I've never done anything to my face besides topical treatments. It works like this: when your body has a wound, it repairs itself by building a new skin layer. The SkinPen is basically a tiny little needle that is drawn all over your face, creating microscopic wounds that your skin then repairs with a new layer. Weird, right? I blinked a few times after it was explained to me, but when you think about it, it makes a lot of sense.

Kate, my treatment gal, numbed my face before the procedure, so I didn't feel a thing besides a little pressure. I listened to my iPod while it was happening to keep myself calm, but after the twenty minutes or so were over, I realized I hadn't really needed it. The whole process was very low stress, which I appreciated coming into it as a newbie to the skin treatment world. The first thing I noticed, besides noticeable redness, was how smooth my skin was. It didn't seem to do a lot in terms of helping discoloration, but SkinPen is also a procedure that they recommend doing in a series of 3. For my first time, it seemed to be very effective in helping to heal the deep scars along my cheeks.



***"So here I am, showing you my not-so-perfect bare skin, but compared to what it was, I'm proud to show it off. I couldn't have done it without Emily, Kate, and the generously kind team at Skin Rejuvenation Clinic!"***

Of course, I was more than disappointed to find them right before my move to Seattle, but since I still have so many ties to Minneapolis, I'll definitely be trying to squeeze in appointments when I'm back in the Twin Cities to visit. When you find a match this perfect, you don't want to let go.

Thanks a million to Skin Rejuvenation Clinic for the product and treatment—all thoughts and opinions are my own. And please, feel free to ask me any questions about any products or treatments I mentioned here! I'd love to share more.

**A special thank you to Chelsea for showcasing her experience with both our customized skincare and services!**

**Make sure to check out her lovely site [Truelane](#) which highlights some of her amazing style, travel, and more personal reflections.**



## **Seeking New Google+ Reviews!**

We would love your help acquiring new Google+ reviews! Because many of our patients are shy about sharing their results, we could use some new, fresh reviews from our patients! Keep in mind, you can keep your review anonymous by choosing a generic Google+ user name, if you don't already have one set-up.

As our way of saying thank you for your Google+ review, the next

## September Specials!

### -Make it a "BellaFall" with BellaFill -

Save an additional \$350 on a purchase of a Bellafill kit... ask us how!

BellaFill is a longer-lasting dermal filler used primarily for smile lines and pitted acne scars and other areas on the body where there is tissue-pitting or loss.

Studies have shown BellaFill is safe and effective, lasting up to 5 years.

#### **\$50 Rebate Details:**

In addition to the \$300 instant savings off 5 syringes of Bellafill this month, BellaFill patients can acquire a \$50 rebate bonus. To get your rebate, simply visit [www.bellafillrebate.com](http://www.bellafillrebate.com)

Locate the "Patient Enrollment" section of the website and fill out the Bellafill Rebate Program form to receive your voucher number.

Patients must provide their E-voucher to their provider **at time of service** to receive \$50 off.

Learn more about [Bellafill](#) here!

### - BBL Add-On Savings-

Get a Free BBL hand treatment with purchase of a Face BBL Package of 3!

Save 15% with our package of 3 Face BBL treatments (value of \$1275) and get a complimentary add-on hands treatment at one of your appointments (value of \$175!)

**BONUS:** Add-on 1 Syringe or more of filler for hands the same day as your BBL and get \$100 off your filler too!

*- add on hand treatment must be administered at one of your three face treatments*

### - More Savings on Botox and Filler! -

Save instantly on your treatment when it includes any combination of 2 or more the following products:

#### **Botox Cosmetic -**

*popular product to erase frown lines and crows feet*

time you come in, show us your review online and we will send you home with one of our signature water diffusers.

Click [HERE](#) for a shortcut link to submit your Google+ review now. It will just take a few minutes to write and we greatly appreciate your time!

Thank you!



### Follow us on Instagram!

SRC has a new Instagram account, follow us!  
[@skinrejuvenationclinic](#)



### LIKE US on Facebook for Exclusive Offers and Cosmetic News

If our clinic doesn't show up on your Facebook newsfeed [LIKE US](#) right now to get in on updates, news and special offers that can only be accessed by our Facebook friends.

## Juvederm -

*Dermal filler that instantly adds volume to deeper lines*

## Voluma

*adds lift and volume to the cheeks, also improves under eye bags and nasolabial folds*

## Kybella

*Our newest addition, no-downtime injectable that eliminates fat under the chin and sharpens your profile*

-----

**2 of the Above Brands= \$100 off instantly**

**3 of the Above Brands= \$200 off instantly**

**All 4 Brands= \$400 off instantly**

**Each products earns brilliant distinction members anywhere  
from 200-800 points!**

Rebate Details:

- While supplies last, we have a limited number of rebates!
- Rebates are redeemable through October 30th or while supplies last.
- Above treatments MUST be administered during the same visit.
- **Patient must be enrolled in Brilliant Distinctions to get the instant rebate. Brilliant Distinctions is a free loyalty/points program offered by Allergan. To enroll today, click here.**

## - Free Microderm Hand Add-On -

**This month book a 60 minute crystal-free microdermabrasion service and recieve a free add-on of microderm for hands!**


Microdermabrasion resurfacing is an exfoliation technique that leaves the skin supple and vibrant.

Skin Rejuvenation Clinic uses a crystal-free DiamondTome wand which gently removes the outermost layer of skin with natural diamond chips, while at the same time vacuuming the dead skin cells away in a sterile and controlled manner. Removing this outer layer of dead skin cells leaves a smoother texture and promotes the growth of healthy new skin cells.

## - Latisse Sale! -


[Email Us](#)  
[Visit our Website](#)  
[Before and After Photos](#)

 Forward to a Friend

 Like us on Facebook

View our videos on  YouTube

Find us on  Google+

Find us on  Yelp

 Join our Mailing List



*(Real patient results after 16 weeks of use, the length of 1 5ml kit!)*

**Take \$20 off your 5ml kit of Latisse!**

***Regular price; \$186.25 Sale Price; \$166.25!***

**Take \$70 off two 5ml kits for Brilliant Distinctions Members!**

Rebate Details:

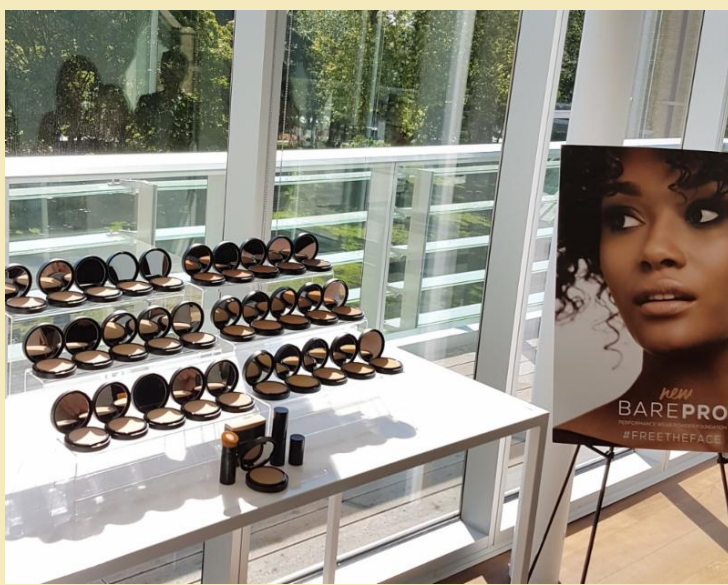
- While supplies last, we have a limited number of rebates!
- Patient must be enrolled in Brilliant Distinctions to get the instant rebate. Brilliant Distinctions is a free loyalty/points program offered by Allergan. To enroll today, [click here](#)
- Patients can combine these savings with any pre-existing BD points they planned on using.

**NEW, JUST ARRIVED!**  
**BarePro Performance Wear Foundation**  
**change your concept of powder foundation forever!**



- *90% Vitamins & Minerals*
- *Breathable Micro-mesh Formula*
- *Ultra-smooth silky texture*
- *Glam coverage with no cakey-ness*

*- 12 hour wear performance*



This product is a brand new addition to the already amazing line of foundations from BareMinerals! If you've always struggled with finding an easy to use foundation that covers without masking and looks like you but better, search no more!

Available in 30 different shades, buildable to any level of coverage with no cake face. You can stop in today and get a complimentary shade match and application with Emily or Heather

**Available now for only \$30!**