



General Cosmetic & Implant Dentistry

Thomas Bursich DDS
21155 Whitfield Place Suite 10
Sterling Virginia, 20165
703-433-0234-Phone
703-433-0598-Fax

Crown or Bridge Preparation Post Operative Instructions

During your appointment today, one or more of your teeth was prepared for a crown or bridge. A temporary crown was fabricated for each prepared tooth. Temporary crowns are cemented with a temporary dental cement to allow for easy removal at your next appointment.

Temporary crowns are of universal size and shade. Your final restoration will be shaped and shaded to match your other teeth in both color and function.

Until your next appointment:

- Whenever anesthesia is used, avoid chewing on your teeth until the numbness has worn off.
- You may experience sensitivity to temperature and pressure, gum soreness and slight discomfort on the tooth / teeth; it should subside after the placement of permanent crown.
- Avoid hard or sticky foods that may dislodge temporary crowns, such as:
 - Hard chewy breads such as bagels or French bread.
 - Chewy candies such as taffy, caramels or gum.
 - Hard crunchy foods such as corn nuts or popcorn kernels.
 - Do not bite into foods such as corn on the cob or apples.
- If a temporary crown becomes loose or comes off, try to place it back onto the tooth and call the office at your convenience to get the crown re-cemented.
- Rinse your mouth with warm salt water to minimize inflammation of the gum tissue.
- Acrylic temporaries attract more bacterial plaque than natural teeth; therefore it is important to brush normally, at least three times a day. Floss at least once a day, but do not floss by/the temporary.
- You may experience sensitivity to hot or cold foods or beverages after treatment.

If discomfort increases, please call the office at 703.433.0234

If your bite feels uneven, if you have persistent pain, or if you have any other questions or concerns, please call Dr. Bursich.